

# Life Goal Setting Template

## Personal Information

Name

Enter your name

Date

## Vision Statement

Describe your life vision or what you want to achieve overall...

## Core Values

List your most important beliefs and values...

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## Life Goals

Category

Personal



Goal Title

e.g., Run a marathon

Deadline

Description

Briefly describe this goal...

## Action Steps

Break your main goal into smaller, actionable steps...

## Potential Obstacles & Strategies

List possible challenges and how you plan to overcome them...

## Progress Tracking

How will you track your progress? (e.g., milestones, frequency, measurement)...