

Personalized Journey Planning Sheet

Personal Information

Name

Date

Vision Statement

Describe your long-term vision or purpose...

Key Goals

Goal 1

Goal 2

Goal 3

Action Steps

Action Step 1

Action Step 2

Action Step 3

Milestones & Timeline

Milestone 1

Describe milestone

Target Date

Milestone 2

Describe milestone

Target Date

Potential Barriers & Solutions

Barrier

Potential obstacle

Solution

How to overcome

Barrier

Potential obstacle

Solution

How to overcome

Progress Tracking

Notes, achievements, or next steps...