Daily Planner

Date: _____

Habits

Habit	Done
Wake up before 7am	☐
Drink 2L water	☐
Exercise 30 minutes	☐
Read 10 pages	☐

Today's Tasks

Task	Done
_____	☐
_____	☐
_____	☐
_____	☐

Notes / Reflection

Write your notes or reflections here...