

Adventure Travel Gear Checklist

Essentials

- Passport / ID
- Tickets & Travel Documents
- Cash / Credit Cards
- Travel Insurance

Clothing

- Base Layers
- Insulating Jacket/Sweater
- Rain Jacket
- Hiking Pants / Shorts
- Hiking Shoes / Boots
- Hat / Cap
- Other Clothes

Gear

- Backpack / Daypack
- Water Bottle / Hydration System
- Sleeping Bag / Liner
- Tent / Shelter
- Headlamp / Flashlight
- Multi-tool / Knife

Health & Safety

- First Aid Kit
- Personal Medications
- Insect Repellent
- Sunscreen
- Hand Sanitizer

Other Items

- Snacks / Energy Bars
- Maps / Guidebook
- Electronics & Chargers
- Camera / Action Cam
- Notebook & Pen

