

Adventure Travel Gear Checklist

Essentials

- ☐ Passport / ID
- ☐ Tickets & Travel Documents
- ☐ Cash / Credit Cards
- ☐ Travel Insurance

Clothing

- ☐ Base Layers
- ☐ Insulating Jacket/Sweater
- ☐ Rain Jacket
- ☐ Hiking Pants / Shorts
- ☐ Hiking Shoes / Boots
- ☐ Hat / Cap
- ☐ Other Clothes

Gear

- ☐ Backpack / Daypack
- ☐ Water Bottle / Hydration System
- ☐ Sleeping Bag / Liner
- ☐ Tent / Shelter
- ☐ Headlamp / Flashlight
- ☐ Multi-tool / Knife

Health & Safety

- ☐ First Aid Kit
- ☐ Personal Medications
- ☐ Insect Repellent
- ☐ Sunscreen
- ☐ Hand Sanitizer

Other Items

- ☐ Snacks / Energy Bars
- ☐ Maps / Guidebook
- ☐ Electronics & Chargers
- ☐ Camera / Action Cam
- ☐ Notebook & Pen

