

International Travel Essentials Checklist

Travel Documents

- ☐ Passport (with valid visa, if required)
- ☐ Flight tickets / boarding passes
- ☐ Travel insurance documents
- ☐ Itinerary printouts
- ☐ Hotel confirmations
- ☐ Emergency contacts & addresses
- ☐ Vaccination certificates

Money & Financials

- ☐ Credit/debit cards
- ☐ Local currency
- ☐ Travel money pouch
- ☐ Copies of important cards

Electronics

- ☐ Mobile phone & charger
- ☐ Power adapter/converter
- ☐ Headphones/earbuds
- ☐ Camera & accessories
- ☐ Power bank

Health & Safety

- ☐ Prescription medications
- ☐ Basic first-aid kit
- ☐ Face masks & sanitizer
- ☐ Travel health cards (if needed)

Personal Items

- ☐ Clothing & shoes
- ☐ Toiletries
- ☐ Travel pillow & eye mask
- ☐ Sunglasses & hat

- ☐ Reusable water bottle
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Other Essentials

- ☐ Guidebook or map
- ☐ Language phrasebook/app
- ☐ Snacks
- ☐ Luggage locks
- ☐ Copies of all important documents