

Organized Grocery Checklist

Produce

- ☐ Bananas
- ☐ Apples
- ☐ Carrots
- ☐ Spinach
- ☐ Tomatoes

Protein

- ☐ Chicken Breast
- ☐ Eggs
- ☐ Tofu
- ☐ Ground Beef

Dairy & Alternatives

- ☐ Milk
- ☐ Greek Yogurt
- ☐ Cheese
- ☐ Butter

Grains & Bakery

- ☐ Bread
- ☐ Rice
- ☐ Pasta
- ☐ Tortillas

Pantry

- ☐ Canned Beans
- ☐ Olive Oil
- ☐ Peanut Butter
- ☐ Spices

Snacks & Miscellaneous

- ☐ Granola Bars
- ☐ Crackers
- ☐ Nuts
- ☐ Coffee/Tea