

Basic Health Assessment Checklist

PERSONAL INFORMATION

VITAL SIGNS

☐ Blood Pressure

☐ Temperature

☐ Pulse Rate

☐ Respiratory Rate

GENERAL APPEARANCE

☐ Alert & Oriented

☐ No Apparent Distress

☐ Normal Mobility

PHYSICAL ASSESSMENT

☐ Skin (Color, Integrity)

☐ Eyes (Pupils, Vision)

☐ Ears (Hearing, Canal)

☐ Mouth & Throat

☐ Heart Sounds

☐ Lung Sounds

☐ Abdomen

☐ Extremities

ADDITIONAL NOTES
