

Weeklong Trip Packing Checklist

Clothing

- ☐ Shirts/Tops (7)
- ☐ Pants/J Jeans (2-3)
- ☐ Shorts/Skirts (1-2)
- ☐ Socks (7 pairs)
- ☐ Undergarments (7 pairs)
- ☐ Pajamas/Sleepwear
- ☐ Jacket/Sweater
- ☐ Swimsuit
- ☐ Shoes (comfortable pair, sandals, etc.)
- ☐ Accessories (belt, hat, etc.)

Toiletries

- ☐ Toothbrush + Toothpaste
- ☐ Deodorant
- ☐ Shampoo + Conditioner
- ☐ Soap/Body Wash
- ☐ Hairbrush/Comb
- ☐ Sunscreen
- ☐ Razor
- ☐ Makeup (if needed)
- ☐ Personal hygiene products
- ☐ Contact lenses/Glasses

Electronics

- ☐ Phone + Charger
- ☐ Headphones/Earbuds
- ☐ Camera + Accessories
- ☐ Power Bank
- ☐ Travel Adapter

Essentials

- ☐ ID/Passport
- ☐ Travel Tickets/Itinerary
- ☐ Wallet + Credit Cards/Cash
- ☐ Medications
- ☐ Health Insurance Cards
- ☐ Emergency Contacts

Miscellaneous

- ☐ Reusable Water Bottle
- ☐ Snacks
- ☐ Books/Magazines
- ☐ Day Bag/Backpack
- ☐ Laundry Bag
- ☐ Umbrella

Notes

Add your own items or reminders here...