

Moving Day Preparation Checklist

1 Month Before Moving

- ☐ Sort and declutter your belongings
- ☐ Research and book a moving company or truck rental
- ☐ Gather packing materials (boxes, tape, bubble wrap)
- ☐ Notify landlord (if renting) and provide notice
- ☐ Start using up perishable food items

2 Weeks Before Moving

- ☐ Start packing non-essential items
- ☐ Label boxes by room and contents
- ☐ Arrange for childcare or pet care on moving day
- ☐ Transfer or disconnect utilities and services
- ☐ Update address with important contacts

1 Week Before Moving

- ☐ Finish packing most items, leaving essentials
- ☐ Prepare an essentials box for moving day
- ☐ Confirm moving arrangements and schedule
- ☐ Clean your current home
- ☐ Dispose of hazardous materials properly

Moving Day

- ☐ Do a final walkthrough of each room
- ☐ Protect floors and walls during the move
- ☐ Double-check all doors and windows are secured
- ☐ Make sure to have keys and important documents handy
- ☐ Take a photo of utility meters (if needed)