

Family Grocery Shopping Checklist

A simple template to help organize your family's weekly grocery needs.

Produce

- Bananas
- Apples
- Carrots
- Salad Greens
- Tomatoes

Dairy

- Milk
- Yogurt
- Cheese
- Eggs

Pantry

- Bread
- Pasta
- Rice
- Cereal
- Canned Beans

Meat & Protein

- Chicken
- Ground Beef
- Tofu
- Fish

Snacks

- Crackers
- Granola Bars
- Fruit Snacks

Beverages

- Juice
- Coffee
- Tea

Household Essentials

- Paper Towels

- Toilet Paper
- Laundry Detergent
- Dish Soap

Notes