

# Family Grocery Shopping Checklist

A simple template to help organize your family's weekly grocery needs.

## Produce

- Bananas
- Apples
- Carrots
- Salad Greens
- Tomatoes

## Dairy

- Milk
- Yogurt
- Cheese
- Eggs

## Pantry

- Bread
- Pasta
- Rice
- Cereal
- Canned Beans

## Meat & Protein

- Chicken
- Ground Beef
- Tofu
- Fish

## Snacks

- Crackers
- Granola Bars
- Fruit Snacks

## Beverages

- Juice
- Coffee
- Tea

## Household Essentials

- Paper Towels

- Toilet Paper
- Laundry Detergent
- Dish Soap

**Notes**