

Family Grocery Planning Checklist

Produce

- Apples
- Bananas
- Carrots
- Spinach

Dairy & Eggs

- Milk
- Eggs
- Cheese
- Yogurt

Meat & Protein

- Chicken
- Beef
- Fish
- Tofu

Pantry Staples

- Rice
- Pasta
- Bread
- Canned Beans

Snacks & Others

- Crackers
- Granola Bars
- Juice
- Cereal

Notes

Add notes here...