

# Simple Food Shopping Planner

## Meal Planning

Day	Meal
Monday	<input type="text" value="e.g., Grilled Chicken Salad"/>
Tuesday	<input type="text" value="e.g., Pasta &amp; Veggies"/>
Wednesday	<input type="text"/>
Thursday	<input type="text"/>
Friday	<input type="text"/>
Saturday	<input type="text"/>
Sunday	<input type="text"/>

## Shopping List

Item	Quantity	Notes
<input type="text" value="e.g., Chicken Breast"/>	<input type="text" value="e.g., 2 lbs"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

## Notes

