

Medical School Personal Statement Framework

1. Introduction

Purpose: Open with a compelling story, experience, or insight that motivates your interest in medicine.

Tips:

- Start with a vivid anecdote or moment.
- Show your unique perspective.
- Hint at your main motivation.

2. Developing Interest in Medicine

Purpose: Explain the evolution of your desire to become a physician.

- Describe influential experiences, classes, or people.
- Connect life events to your growing interest in medicine.

3. Experiences & Growth

Purpose: Demonstrate your preparation, empathy, maturity, and understanding of medical practice.

- Discuss clinical, research, volunteer, or leadership experiences.
- Reflect on what you learned and how you grew.
- Highlight challenges overcome and skills gained.

4. Qualities & Values

Purpose: Illustrate the personal qualities and core values you bring to medicine.

- Show evidence of compassion, teamwork, communication, and resilience.
- Share lessons and insights from meaningful experiences.

5. Future Goals & Conclusion

Purpose: Clearly state why you want to be a physician, and your vision for the future.

- Synthesize your journey and insights.
- End with an optimistic statement about your goals and readiness.