

Blank SOP Worksheet for International Students

Name:

Program & University:

Country of Origin:

Date:

1. Introduction

Introduce yourself and summarize your intentions for applying.

2. Academic Background

Describe your previous education/relevant coursework and academic achievements.

3. Motivation for This Program

Explain why you chose this program/university and your interest in the field.

4. Professional or Research Experience (if any)

Summarize key experiences, internships, projects, or jobs related to your field.

5. Career Goals

Describe your short-term and long-term professional goals.

6. Why This Country?

Explain why you want to study in this country as an international student.

7. Why Are You a Good Fit?

Mention your qualities, skills, or values that make you a suitable candidate.

8. Conclusion

Summarize your statement and reinforce your motivation.
