

Gym Indemnity Agreement

This Gym Indemnity Agreement ("Agreement") is entered into between _____ ("Member") and _____ Gym ("Gym").

1. Assumption of Risk

The Member acknowledges that the use of the Gym's facilities, equipment, and participation in activities may expose them to risks of personal injury, illness, or death. The Member voluntarily accepts and assumes all risk of injury or loss.

2. Release and Indemnification

The Member hereby releases, waives, and discharges the Gym and its owners, staff, and affiliates from any and all liability for injuries or damages incurred while using the Gym facilities. The Member agrees to indemnify and hold harmless the Gym from any claims, liabilities, losses, or damages.

3. Medical Certification

The Member certifies that they are physically able to participate in exercise and activities at the Gym. The Member agrees to disclose any medical conditions that may affect their participation.

4. Governing Law

This Agreement shall be governed by and construed in accordance with the laws of the state of _____.

By signing below, the Member acknowledges that they have read and understood this Agreement and voluntarily accept its terms.

Member Signature

Date

Gym Representative Signature

Date