

Basic Legal Waiver of Rights Form for Dispute Resolution

1. Parties

I,

Full Name

("the Participant"), acknowledge that I am of legal age and competent to sign this waiver.

2. Waiver of Rights

I understand and agree that by signing this form, I voluntarily waive and release any and all rights to pursue litigation, arbitration, or any other legal action against

Other Party/Organization Name

("the Other Party") in relation to any disputes or claims that may arise from or relate to the activity, event, or agreement between the parties, as detailed below.

3. Dispute Resolution

I agree that any dispute or claim arising from or related to the above will be resolved exclusively through

Specify method, e.g., Mediation

, and I waive my right to seek any other legal remedy, including filing a lawsuit in court.

4. Acknowledgement

I understand the content and significance of this waiver. I have had the opportunity to seek independent legal advice before signing. This waiver is binding upon myself, my heirs, and assigns.

5. Details of Dispute/Agreement

Describe the dispute, activity, or agreement

Signature:

Date: