

Fitness Class Event Release of Liability

This Fitness Class Event Release of Liability (‘‘Release’’) is entered into by the participant named below (‘‘Participant’’) in consideration for being allowed to participate in the fitness class event hosted by [Instructor/Organization Name] on [Event Date].

Assumption of Risk

I acknowledge that participation in fitness classes involves inherent risks, including the risk of injury, illness, or death. I voluntarily assume all risks associated with my participation, whether known or unknown.

Waiver and Release

I, on behalf of myself, my heirs, assigns, personal representatives, and next of kin, hereby release, indemnify, and hold harmless [Instructor/Organization Name], its officials, agents, volunteers, and employees, from any and all liability for injury, disability, death, or loss or damage to person or property arising from my participation in this event, to the fullest extent permitted by law.

Medical Consent

I certify that I am physically fit and have not been advised otherwise by a qualified medical professional. I grant permission to the event organizers to seek medical treatment in case of emergency.

Photo & Media Release

I consent to the use of any photographs or video recordings taken of me during the event for promotional purposes, without compensation or further approval.

Participant Information & Signature

Full Name:

Date:

Signature:

By signing above, I acknowledge that I have read and understood this Release, and agree to its terms.