

# Recreational Sports Participation Waiver

I, the undersigned, acknowledge that participation in recreational sports involves inherent risks, including but not limited to physical injury, illness, or property loss. I freely and voluntarily assume all risks associated with participation in the described recreational activity.

## Release of Liability

In consideration of being allowed to participate in recreational sports organized by the facility or group, I hereby release and forever discharge the organizers, directors, employees, volunteers, and affiliates from any claims, demands, or causes of action arising out of any injury or loss that may occur in connection with my participation.

## Medical Authorization

I confirm that I am physically fit to participate and understand that it is my responsibility to consult with a physician prior to taking part in sports activities. In the event of a medical emergency, I authorize the organizers to secure proper treatment on my behalf.

## Agreement and Understanding

I have read and fully understand this waiver and agree to abide by all applicable rules and regulations. I acknowledge that by signing this document, I am waiving certain legal rights.

Participant Name (Print)

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Signature

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Date

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**If participant is under 18:**

Parent/Guardian Name (Print)

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Parent/Guardian Signature

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Date

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